

Rotherfield FC- Procedures for training at Bennett 4G: COVID-19 V1.0 (25.08.20)

These are the arrangements for all attending training at Bennett 4G. These will be continually reviewed.

ARRIVAL

Please ensure that no player travels to training if they have **any** symptoms of COVID-19 as per FA guidance.

For details of symptoms visit <https://www.gov.uk/coronavirus>

Park in car park at the school adjacent to the floodlit 4G pitch. Maintain social distancing at all times when leaving cars to walk to the pitch side. There is a walkway but it will get busy when other clubs are finishing their session.

Arrive changed. Bags & all personal belongings except drinks/hand sanitiser will need to be left in cars.

TOILETS & HYGIENE

There are no toilets available at the facility.

The coaching team will have hand sanitiser should you forget your own but please try to remember to bring your own.

TRAINING SESSION

The maximum group size including coaches is 30.

If more than 30 persons are present, more than one training group will be organised & these groups will NOT be allowed to mix, maintaining social distancing at all times. This will be for the coaches to control.

A list of all attendees at training & their respective training group will be kept.

Any spectators are asked to maintain social distancing & to only congregate in groups of a maximum of 6 persons. Non participants are to remain behind the railings.

Goals to be used will be sanitised prior to the session as we cannot guarantee that other users will do this after their session. This will be repeated at the end of our session. Footballs will be sanitised prior to the training session as will all cones & discs used. Players are reminded not to touch cones/discs.

At each drinks break it is suggested that all players sanitise their hands using their own hand sanitiser. **There will be no sharing of drinks bottles with players to bring their own drinks.**

In the event of training bibs being used, these are to be removed by players & laid out on the surface in an area. These will then be sanitised, placed back in laundry bags & then placed in a refuse sack. This will be undertaken by one person wearing face mask & gloves. This person will then remove for laundering.

If a player requires treatment during the session then the First Aid attendant **MUST** wear full PPE in accordance with FA Guidance (Face visor, gloves, apron) before treatment is administered. If a second person is necessary to carry a player from the pitch this can be another player or a coach but if the latter please ensure they wear a face covering, disposable apron & gloves. A record of every person treated & those providing the treatment must be kept for Track & Trace purposes.

Pete Ford will be the First Aider at training with full kit including the required PPE. If Pete cannot attend then the kit etc will be passed to another qualified coach.

POST TRAINING

As our session runs from 7-9pm (close of facility) there will not be any people arriving for sessions when we finish.

Please note that to allow for sanitising of goals & equipment our session will end at 8.50pm. Players will then be debriefed by coaches.

Leave promptly once the coaches have completed any debrief & walk back to your car maintaining social distancing at all times.

Finally these procedures are of course essential & the Club is sure that all participants are only too glad to be playing football even with certain restrictions over what was normal previously.